

Artesunate Resistance in Plasma Diumfalciparum Malaria

Dr Mansi Jadhav¹, Dr Pratikvariya², Dr Rahul Shah³, Dr Hiral Barot⁴
1, 2, 3, 4 resident doctor, Department of general medicine, Government medical college, Surat.

Abstract: The World Health Organization has urged to set up art emisin in based combination herapy (artemisinin and effective antimalarial drug) and gradually pull out artemisinin mono-therapies from the making of prescription due to their high recrudescence rates and to reduce the risk of drug resistance. We present a rare case from South Gujarat region, admitted in NCH, Surat with Artesunate resistant Plasmodium Falciparum malaria. In Indian literature and clinical practice rare cases are reported here.

Keywords: Malaria; Plasmodium falciparum; Artesunate; ACT; Drug Resistant.

I. Introduction

Artemisinin resistance is defined as delayed parasite clearance following treatment with an artesunate monotherapy, or after treatment with an artemisinin-based combination therapy (ACT). The World Health Organization (WHO) recommends the use of artemisinin derivative only in combination with the efficient partner drugs against Plasmodium falciparum malaria to make sure high cure rates and postpone resistance.

Artemisinins produce rapid therapeutic response, reduce gametocyte carriage, and are well tolerated by patients [1]. The five formulations of Artemisinin Combination Therapy (ACT) are artemether + lumefantrine, artesunate + mefloquine, artesunate + amodiaquine, artesunate + sulphadoxine-pyrimethamine, and dihydroartemisinin + piperazine [2]. The ACT was introduced by the National Vector Borne Disease Control Programme (NVBDCP) as the first-line treatment of falciparum malaria. Presently all formulations of ACT recommended by WHO, except Dihydroartemisinin + piperazine, are registered with the Drug Controller General of India to treat the patient as well as to overcome the resistant property of P. falciparum.

II. Case report

This report stated an in vivo artesunate resistant Plasmodium falciparum case in Surat, Gujarat. A male patient, 65 years of age, was a resident of South Gujarat, Surat, India. The patient was suffering from fever with chills and rigors on alternate days for the past four days. Patient was admitted for the same in New Civil Hospital, Surat on 24.10.15. Both thick (Giemsa stained) and thin (Leishman stained) films of the patient were observed in the peripheral blood smear, in NCH, Pathology Laboratory. Microscopic observations suggested the presence of P. falciparum rings and trophozoites in his blood and P. falciparum antigen was also detected with malaria parasite index 4.9. He was started on Artesunate injection 120 mg i.v. and given Sulfadoxine pyrimethamine on the first day of his admission (24.10.15) followed by 120 mg i.v. 12 hourly. This was followed by 120 mg i.v. once a day for next four days. But, even after 5 days of Artesunate his blood peripheral smear showed rings and trophozoites of Plasmodium falciparum with malaria parasite index of 4.6 and P. falciparum antigen was also detected. The treatment was continued for 7 days. On 30.10.15 his malaria parasite index was 4.5 with rings and trophozoites. This time he was treated with six tablets of artemether 80 mg and lumefantrine 480 mg (Lumether forte DT) from 1.11.15 administered orally at 0, 6, 24, 36, 48 and 60 hr. He became afebrile from 3.11.2015. His blood showed gametocytes of P. falciparum. He had no history of movement to neighboring countries in recent years. These results demonstrated that the patient was clinically resistant to artesunate. It was a treatment failure case. However, the combined therapy (artemether and lumefantrine) was effective in his case.

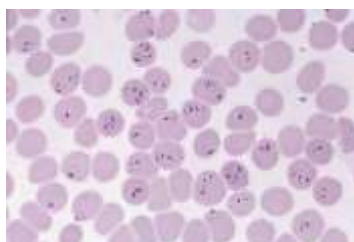


Fig 1: Artesunate resistant rings of P. falciparum

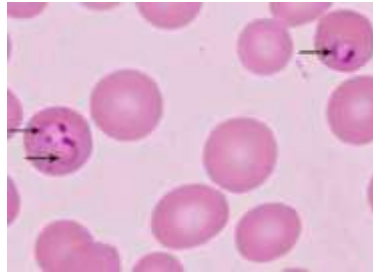


Fig 2: Artesunate resistant trophozoites of *Pfalciparum*

III. Discussion

The present national drug policy is ACT (artemisinin and SP) [5]. In 2007, artesunate plus sulfadoxine–pyrimethamine was selected as the first-line treatment in high-risk districts and areas with identified resistance, with the goal of covering most of the *Pfalciparum* burden. In 2010 this treatment became the first-line treatment throughout India [5]. India has the largest population in the world at risk of malaria, with 85% living in malarious zones [6]. Artemisinin derivative therapy; ACT is the first-line treatment of *falciparum* malaria recommended by the World Health Organization [1]. The artemisinin derivatives provide rapid and effective reduction of parasite biomass and gametocyte carriage [7, 8], while the partner drugs in ACTs are eliminated much more slowly, providing mutual augmentation of effect and protection from resistance [9, 10, 11]. Widespread deployment of ACTs is one of the main factors underlying recent reductions in global malaria morbidity and mortality [12, 13, 14]. Unfortunately, reduced in vivo susceptibility to artemisinin derivatives, manifested by prolongation of parasite clearance times, has emerged in Cambodia [15, 16, 17, 18] and, more recently, on the northwestern border of Thailand [19]. ACTs in these areas are still effective [20].

Emergence of resistance to ACT was first reported in 2009 by Dondorp et al., showing delayed parasite clearance in Pailin, Western Cambodia. Resistance is now viewed as the sequelae of widespread use of this drug and the rates of spread are accentuated by the socioeconomic conditions in different geographic regions [21]. India shares common borders with these regions and the thick landscape might favor vector transmission and enable spread of resistance to India. Delayed parasite clearance will not necessarily lead to treatment failure. In the Greater Mekong subregion (GMS), a high treatment failure rate following treatment with an ACT has only been observed where there is resistance to the partner drug, regardless of the presence of artemisinin resistance. However, artemisinin resistance could facilitate the selection of partner drug resistance. Mutations in the Kelch13 (K13) propeller region are associated with delayed parasite clearance both in vitro and in vivo. The identification of the K13 marker for artemisinin resistance has allowed for a more refined definition of resistance [22]. In view of the above findings to get a clear picture of artemisinin resistance of *P. falciparum*, a thorough study is required involving *in vivo*, *in vitro* and molecular procedures. This case suggests that combination therapy is effective as well as artesunate and lumefantrine in such cases is more practicable and efficacious than any other combination.

References

- [1]. World Health Organization (2010) Guidelines for the treatment of malaria, second edition.
- [2]. Guideline for diagnosis and treatment of malaria in India (2013) Government of India.
- [3]. Antimalarial drug policy—past, present, future (pubmed)
- [4]. Wasunna B, Zurovac D, Goodman CA, Sroog RW; et al. Why do we need health workers to prescribe ACT? a qualitative study of factors affecting the prescription of artemether-lumefantrine. *Malar J*: 29.
- [5]. National Drug Policy on malaria (2010) <http://nvbdcp.gov.in/Doc/drug-policy-2010.pdf>
- [6]. Sharma VP. Current scenario of malaria in India. *Parasitologia*. 2008; 100: 353. [PubMed]
- [7]. Hien TT, White NJ. 1993. Qinghaosu. *Lancet* 341: 603–608. [http://dx.doi.org/10.1016/0140-6736\(93\)90362-K](http://dx.doi.org/10.1016/0140-6736(93)90362-K).
- [8]. White NJ. 2008. Qinghaosu (artemisinin): the price of success. *Science* 320: 330334. <http://dx.doi.org/10.1126/science.1155165>.
- [9]. EA, White NJ. 2005. Artemisinin-based combinations. *Curr Opin Infect Dis*. 18: 531–536. <http://dx.doi.org/10.1097/01.qco.0000186848.46417.6c>.
- [10]. Nosten F, White NJ. 2007. Artemisinin-based combination treatment of *falciparum* malaria. *Am. J. Trop. Med. Hyg.* 77 (6 Suppl): 181–192.
- [11]. White NJ. 2008. The role of anti-malarial drugs in eliminating malaria. *Malar. J.* (Suppl 1): S8. <http://dx.doi.org/10.1186/1475-2875-7-S1-S8.7>.
- [12]. Barnes KI, White NJ. 2005. Population biology and antimalarial resistance: the transmission of antimalarial drug resistance in *Plasmodium falciparum*. *Acta Trop.* 94: 230–240. <http://dx.doi.org/10.1016/j.actatropica.2005.04.014>.
- [13]. Dondorp AM, Fanello CI, Hendriksen IC, Gomes E, Seni A, Chhaganlal KD, Bojang K, Olaosebikan R, Anunobi N, Maitland K, Kivaya E, Agbenyega T, Nguah SB, Evans Gesase JS, Kahabuka C, Mtove G, Nadjm B, Deen J, Mwanga-Amumpaire J, Nansumba Karema MC, Umulisa N, Uwimana A, Mokuolu OA, Adedoyin OT, Johnson WB, Tshetu Onyamboko AKMA, Sakulthaew T, Ngum WP, Silamut K, Stepniewska K, Woodrow CJ, Bethell D, Wills B, Oneko M, Peto TE, von Seidlein L, Day NP, White NJ; AQUAMAT group. 2010. Artesunate versus quinine in the treatment of severe *falciparum* malaria in African children (AQUAMAT): an open-label, randomised trial. *Lancet* 376: 1647–1657. [http://dx.doi.org/10.1016/S0140-6736\(10\)61924-1](http://dx.doi.org/10.1016/S0140-6736(10)61924-1).
- [14]. World Health Organization. 2011. World malaria report 2011. World Health Organization, Geneva, Switzerland. http://www.who.int/malaria/world_malaria_report_2011/en.
- [15]. Alker AP, Lim P, Sem R, Shah NK, Yi P, Bouth DM, Tsuyuoka R, Maguire JD, Fandeur T, Ariey F, Wongsrichanalai C, Meshnick SR. 2007. Pfmdr1 and in vivo resistance to artesunate–wefloquine in *Pfalciparum* on the Cambodian–Thai border. *Am. J. Trop. Med. Hyg.* 76: 641–647.
- [16]. De Yis MB, Tsuyuoka R, Li WP, Li Y, Dega DHN, Yi P, Top So D, Heat SND, Fa Y, Deu T, A Y, Ye D, De A, Chh, Chh, Istophel IEM, Ri Y, Gwald P. et al.

- Efficacy of artemether-lumefantrine for the treatment of uncomplicated falciparum malaria in northwest Cambodia. *Trop. Med. Int. Health* 11:1800–1807. <http://dx.doi.org/10.1111/j.1365-3156.2006.01739.x>.
- [18]. Noedl H, Se Y, Schaefer K, Smith BL, Socheat D, Fukuda MM; Artemisinin resistance in Cambodia 1 (ARC1) Study Consortium. 2008. Evidence of artemisinin-resistant malaria in western Cambodia. *N. Engl. J. Med.* 359:2619–2620. <http://dx.doi.org/10.1056/NEJMc0805011>.
- [19]. Dondorp AM, Nosten F, Yi P, Das D, Phyo AP, Tarning J, Lwin KM, Ariey F, Hanpithakpong W, Lee SJ, Ringwald P, Silamut K, Imwong M, Chotivanich K, Lim P, Herdman T, An SS, Yeung S, Singhasivanon P, Day NP, Lindegardh N, Socheat D, White NJ. 2009. Artemisinin resistance in *Plasmodium falciparum* malaria. *N. Engl. J. Med.* 361:455–467. <http://dx.doi.org/10.1056/NEJMoa0808859>.
- [20]. Phyo AP, Nkhoma S, Stepniewska K, Ashley EA, Nair S, McGready R, Ler Moo C, Al-Saai S, Dondorp AM, Lwin KM, Singhasivanon P, Day NP, White NJ, Anderson TJ, Nosten F. 2012. Emergence of artemisinin-resistant malaria on the western border of Thailand: a longitudinal study. *Lancet* 379:1960–1966. [http://dx.doi.org/10.1016/S0140-6736\(12\)60484-X](http://dx.doi.org/10.1016/S0140-6736(12)60484-X).
- [21]. Carrara VI, Zwang J, Ashley EA, Price RN, Stepniewska K, Barends M, Brockman Anderson AT, McGready R, Phaiphun L, Proux S, van Vugt M, Hutagalung R, Lwin Phyo KMAP, Preechapornkul P, Imwong M, Pukrittayakamee S, Singhasivanon P, White NJ, Nosten F. 2009. Changes in the treatment response to artesunate-wfelo ui ŸŸ the ŸŸ oŸŸ westeŸŸ ŸŸ deŸŸ of Thaila ŸŸ dduŸŸ iŸŸ gŸŸ ŸŸ yeaŸŸ soŸŸ fŸŸ ŸŸ tiŸŸ ŸŸ uous deployment. *PLoS One* 4:e455
- [22]. Greenwood B. Treatment of malaria – A continuing challenge. *N Engl J Med.* 474–5. [PubMed]
- [23]. Status report on artemisinin and ACT resistance - September 2015 <http://www.who.int/malaria/publications/atoz/status-rep-artemisinin-resistance-sept2015.pdf>